# Disabilities

Who what where how?

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#### **Education Certifications:**

NJ Standard NJ Supervisor Certification k-12

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NJ Standard Teacher of English k-12

NJ Standard Teacher of Social Studies k-12

NJ Standard Teacher of Psychology k-12

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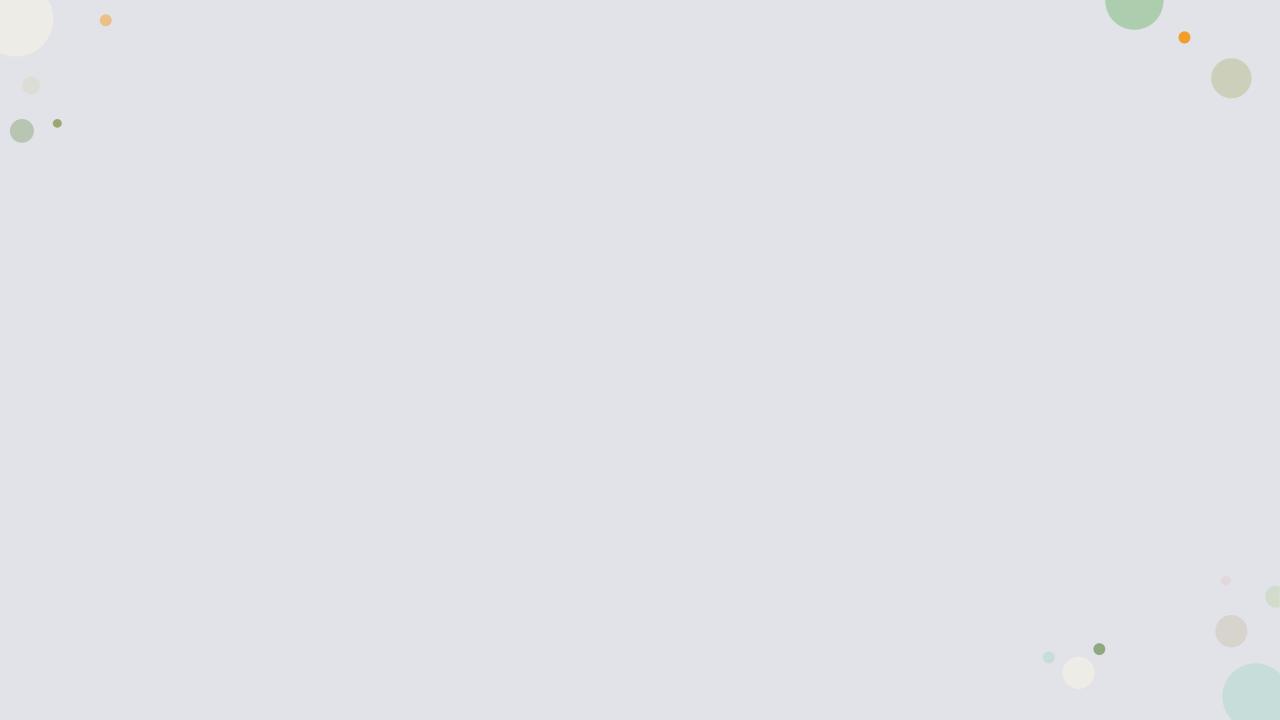
NJ Standard Teacher of Agriculture Business k-12

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#### History:

EMT 25 + years, EMT Coordinator /Trainer 15 years ARC CPR AED First Aid Instructor Trainer 35+ years Firefighter Rescue EMT 25+ years Water Rescue, Ski Patrol

Current: Assistant Director of Homebound Brookfield Schools



### . Disabilities

 ADA says ......Hearing Loss Blindness Cancer Cerebral Palsy Epilepsy Mobility Intellectual Diabetes Depression Brain Injury Low vision Asthma Deafness Wheelchair Hearing Loss Injuries Post traumatic stress anxiety ADHD Neurological Bipolar Schizophrenia......and more!!!!

• ADA says "physical or mental impairment that substantially limits major life activities"

# Autism

- Developmental disabilities caused by difference in the brain
- Not responding to one's name
- Avoiding eye contact
- Not smiling
- Upset over taste, smell or sound
- Repetitive motions such as flapping, flicking, stemming or rocking

# Famous Autistic People

- Dan Aykroid
- Daryl Hannah
- Anthony Hopkins
- Temple Grandin
- Albert Einstein
- Elon Musk
- Tim Burton
- Bill Gates
- Issac Newton
- Andy Warhol

# Autism

- Savant:
- A very learned or talented person, especially one distinguished in a a particular field of science or the arts

## Autism Levels

- Level 1 Lowest classification
- Level 2 Mid range
- Level 3 most severe

#### The Three Functional Levels of Autism

ASD Level 1 Requiring Support ASD Level 2
Requiring
Substantial Support

ASD Level 3 Requiring Very Substantial Support



difficulty initiating social interactions

organization and planning problems can hamper independence



social interactions limited to narrow special interests

frequent restricted/ repetitive behaviors



severe deficits in verbal and nonverbal social communication skills

great distress/difficulty changing actions or focus



# The spectrum? What is that?

- "What is it like to be on the autism spectrum?"
- It's a question many neurotypicals have, but it's not always easy for people with autism to answer. After all, how do you explain something when that's all you know? And how can you explain the autism experience when it's so diverse?

# Common encounters:

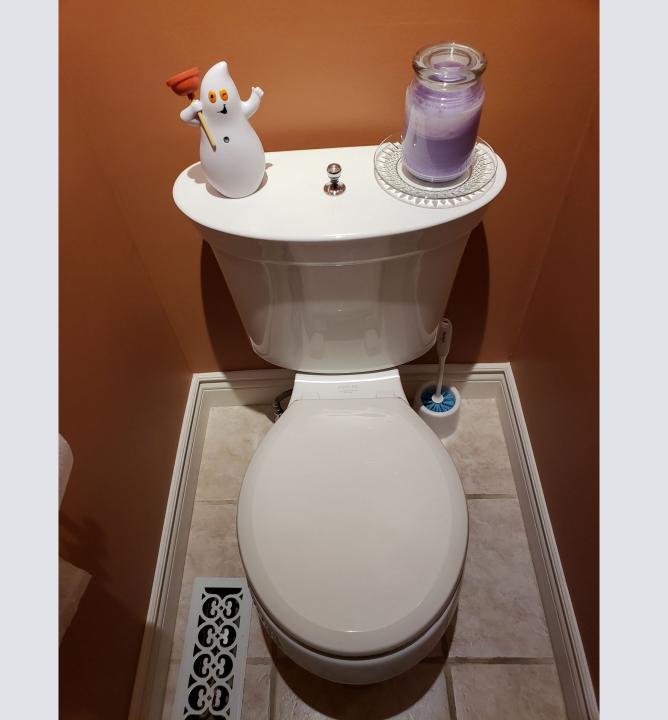
- ADHD attention deficit hyperactivity disorder
- ODD oppositional deficit disorder
- Behavior
- CD conduct disorder
- Anxiety
- Depression
- Autism

### Communication

- •How do I communicate????
- Its SO hard
- •I'm not comfortable
- What's a "trigger"

# . Trigger's

•Lights, noise, color, demands, anger, uncertainty, fear, strange noises, quick movements, smells.



### IMPORTANT FACT

- You come first!!!
- Ask for help
- Leave the area

## I should....

- Remain calm
- Maintain eye contact
- Speak clearly
- WAIT for response many times it might be delayed
- Try manipulatives
- Try calming tactics
- Use an exam room at the end of the hallway

## I should.....

- Allow patient to stand or sit, give an option
- Turn the bright lighting down
- Use a room away from loud noises
- Allow extra visit time
- Enlist the caregiver to help
- Allow stuffed animals, spinner, I Pads etc.

## Allow

- Use pictures or books
- Fidgets
- Spinners
- Stuffed animals
- Pillows or blankets
- Weighted blankets ,vests, pillows
- Toys

### I should

- Introduce yourself
- Explain, explain everything you do, take extended time as needed.
- Feel it, touch it, see it, figure how it works
- Listen
- Only one person talks
- Be mindful that many do not hear the first 4 words you speak

Do not raise your voice
Be respectful if the patient wants "someone else"
Be flexible/ firm
Be cautious
Be respectful

Thank you.

??????????QUESTIONS???????