

Agenda and Registration Information
Central Florida Chapter of Medical Assistants
Fall Seminar, Saturday, October 19, 2019 8:00 AM TO 1:30 PM
Grace Medical Home, 1417 E. Concord St., Orlando, FL 32803

Registration Fees: \$10 for AAMA members, \$15 for non AAMA members, \$5 for MA Students – includes breakfast and 4 CEUs.

How to register: just send an email to Mary Morris, CMA (AAMA), our Chapter President, stating you are attending. Her email address is cmamary@aol.com.

Payment will be due when you register at the door: check or money order payable to CFCMA, or cash (exact change is appreciated). Registration deadline: Wednesday, October 16, 2019.

8:00 am – 9:00am **Breakfast and Registration**
Welcome!

9:00 am – 10:00am **Sexual Assault Awareness and Prevention**
1 G **Natasha McIlmurray, Education Coordinator with the**
Victim Service Center of Central Florida

Sexual Assault Awareness and Prevention provides participants with the skills to understand, recognize, and prevent sexual assault. Participants will be able to define and understand the scope of sexual assault, gain knowledge on how our culture contributes to victimization, identify the common reactions seen in victims of trauma, define the steps to healing for primary and secondary victims, recognize the warning signs of sexual abuse across different age groups, and how to prevent sexual violence.

10:00 AM – 11:00 PM **Cultural and Linguistic Competence**
1 G **Lauren Josephs, PhD and Stephan Brown, PhD**
Visionary Vanguard Group, Inc., Research and Behavioral Science,
Orlando, FL

As Florida becomes more racially and ethnically diverse, the need for cultural and linguistically appropriate services is increasingly evident. It is vital that we are adequately prepared to meet the needs of our patients. Drs. Josephs and Brown will cover the rationale and evidence for cultural and linguistic competence, identify key components of cultural competence, explain the Cultural Competence Continuum, best practices to support these services, how to work effectively with individuals with Limited English Proficiency.

11:00am – 12:00 pm **Motivational Interviewing**
1 G **Bonnie Anderson, RN, CDE Manager Wellness and Prevention**
Grace Medical Home, Orlando, FL

What is motivational interviewing? It's a technique in which you become the helper in the change process – how to help the patient see what's in it for them to follow doctor's recommendations. The goal is to move toward behavior change – offer free choice and self-actualization, coaching vs directive, facilitation vs lecture, patient focused partnership with support. What are the 7 stages of behavior change? Come to the seminar and find out!

12:00 PM – 1:00 PM **Jeopardy**
1 ACG You know how this works! Members of winning team will each receive a certificate for a free Central Florida Chapter seminar or free registration for the November 9, 2019 FSMA seminar in Ft. Myers.

1:00pm Central Florida Chapter meeting – help us plan for 2020!

4 CEUs have been submitted to AAMA for approval. Topics subject to change without notice.

A – administrative C – clinical G- general